

OCTOBER

2018

Milford Central School

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><i>Mini Pancakes</i></p> <p>Chicken or Fish Pasta Salad Roasted Carrots</p>	<p>2</p> <p><i>Breakfast on a Stick</i> 1:00 Dismissal</p> <p>Tuesday Taco's Black Beans Brown Rice</p> 	<p>3</p> <p><i>Yogurt Parfait</i></p> <p>Meatball sub Toss Salad Broccoli</p>	<p>4</p> <p><i>Breakfast Sandwich</i> Open House Prek-5th</p> <p>Turkey ala King Biscuits Mixed Veggies</p>	<p>5</p> <p><i>Bagel w/Cream Cheese</i></p> <p>FRENCH BREAD Pizza Tomato/Mozz salad Corn</p>
<p>8</p> <p>Columbus Day NO SCHOOL</p> 	<p>9</p> <p><i>Muffins</i></p> <p>Cheeseburger on a Bun Romaine & Spinach Salad French Fries</p>	<p>10</p> <p><i>Mini Pancakes</i></p> <p>Roasted Turkey Mashed Potatoes/Gravy Mixed veggies</p>	<p>11</p> <p><i>Breakfast Sandwich</i></p> <p>Brunch for Lunch Sausage/egg pattie's Applesauce/Juice/Carrots</p>	<p>12</p> <p><i>Bagel w/Cream Cheese</i></p> <p>PIZZA Black Bean Salad Romaine & Spinach Salad</p>
<p>15</p> <p><i>Mini Pancakes</i></p> <p>Chicken Nuggets Broccoli Mac Salad</p>	<p>16</p> <p><i>Muffins</i></p> <p>Scalloped Potoes & ham Peas Bread sticks</p>	<p>17</p> <p><i>Yogurt Parfait</i></p> <p>Grilled Cheese Tomato Soup Baked beans/Carrots</p>	<p>18</p> <p><i>Breakfast on a Stick</i> Fall Dinner</p> <p>Pork Roast Mashed Potato/Gravy Carrots/Pumpkin Muffins</p>	<p>19</p> <p>CONFERENCE DAY NO SCHOOL</p> 
<p>22</p> <p><i>Mini Pancakes</i></p> <p>Sweet n Sour Chicken Seasoned Rice Broccoli</p>	<p>23</p> <p><i>Assorted Muffins</i></p> <p>Nacho's Cheese Sauce Black Beans</p>	<p>24</p> <p><i>Bagel w/Cream Cheese</i></p> <p>Pasta & meatballs Romaine & Spinach salad Bread Sticks</p>	<p>25</p> <p><i>Scrambled Eggs</i></p> <p>Chicken & Biscuit Sweet Potato Peas</p>	<p>26</p> <p><i>Breakfast Sandwich</i></p> <p>French bread Pizza Corn Cookie</p>
<p>29</p> <p><i>Mini Pancakes</i></p> <p>Ham & Cheese Bagel Romaine & Spinach Salad Green Beans</p>	<p>30</p> <p>1:00 Dismissal / Muffins</p> <p>Mac N Cheese Roasted Brussel Sprouts Bread Sticks</p>	<p>31</p> <p><i>Yogurt Parfait</i></p> <p>HALLOWEENERS Grave Digger Beans Skeleton bones/Dessert</p>  	<p>Breakfast must include a Fruit or juice</p> <p>Lunch must include a Fruit or Vegetable</p>	<p>Breakfast & Lunch Have Fresh Fruit Everyday</p>  <p>4 milk choices</p> <p>Menu subject to change</p>