





Milford Central School

NOVEMBER	2018				
Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Breakfast must include 3 items. One must be a fruit or Juice</p> <p>Lunch must include 3 items One must be a fruit or Veggie</p>	<p>4 milk choices</p> <p>Skim 1% White Fat Free Straw 1% Choc</p>		<p>1</p> <p><i>Breakfast on a stick</i></p> <p>Wrap Day Buffalo Chicken/Ham&Hheese Pasta Salad/Carrots Fresh Fruit/Fruit Cup</p>	<p>2</p> <p><i>Bagel w/Cream Cheese</i></p> <p>French Bread Pizza corn Tossed Salad Fresh Fruit/Fruit Cup</p>	
<p>5</p> <p><i>Mini pancakes</i></p> <p>Chili Corn Bead Toss Salad/Corn Fresh Fruit/Fruit Cup</p>	<p>6</p> <p><i>Breakfast on a stick</i></p> <p>GRILLED CHEESE TOMATO SOUP Baked Beans Fresh Fruit/Fruit Cup</p>	<p>7</p> <p><i>Breakfast pizza</i></p> <p>Meatball Sub Toss Salad Broccoli Fresh Fruit/Fruit Cup</p>	<p>8</p> <p><i>Mini Pancakes</i></p> <p>Hamburger/Cheeseburger French fries Carrots Fresh fruit/ fruit cup</p>	<p>9</p> <p><i>Bagel w/Cream Cheese</i></p> <p>FRENCH BREAD PIZZA Tossed Salad Broccoli Salad Fresh fruit/ fruit cup</p>	
<p>12</p> <p>VETERAN'S DAY NO SCHOOL</p>	<p>13</p> <p><i>Mini Pancakes</i></p> <p>Pulled Pork on a bun Baked beans Carrots <i>Fresh Fruit/Fruit Cup</i></p>	<p>14</p> <p><i>Breakfast pizza</i></p> <p>Ziti Toss Salad Dinner Roll Fresh Fruit/Fruit Cup</p>	<p>15</p> <p><i>Breakfast on a Stick</i> Holiday Meal Roasted Turkey/ Breadstick Mashed Potato/ Stuffing, gravy Broccoli, Cranberry sauce Fresh Fruit/Fruit Cup</p>	<p>16</p> <p><i>Bagel w/Cream Cheese</i></p> <p>Pizza Tossed Salad corn Fresh Fruit/Fruit Cup</p>	
<p>19</p> <p><i>Parent /Teacher Conference Day</i></p>	<p>20</p> <p>No School</p>	<p>21</p> 	<p>22</p>  <p>shutterstock · 64741633</p>	<p>23</p> 	
<p>26</p> <p><i>Mini pancakes</i></p> <p>HAMBURGER OR CHEESEBURGER ON BUN Frech Fries /Carrots Fresh Fruit/Fruit Cup</p>	<p>27</p> <p><i>Muffins</i></p> <p>Chicken Alfredo With a Twist Broccoli/Dinner roll Fresh Fruit/Fruit Cup</p>	<p>28</p> <p><i>Yogurt Parfait</i></p> <p>Bagel Melts Green beans Baked Beans Fresh Fruit/Fruit Cup</p>	<p>29</p> <p><i>Breakfast on a stick</i></p> <p>Chicken Biscuit Mashed potato Peas Fresh Fruit/Fruit Cup</p>	<p>30</p> <p><i>Bagel w/Cream Cheese</i></p> <p>Pizza Tossed Salad Broccoli salad Fresh Fruit/Fruit Cup</p>	