## December 2018

## **MILFORD CENTRAL SCHOOLS**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Mini Pancakes	1:00 Dismissal/Muffins	Ham & Cheese Muffins	Breakfast on A Stick	Bagel & Cream Cheese
Your Favorite Character	Ugly Christmas Sweater	Formal Attire	Class Color	Purple Pride
Sloppy Joe	Chicken Tacos	Grilled Cheese	Sub Day	French Bread Pizza
Carrots	Black Beans/Corn	Veggie Sticks/Baked Beans	Mac Salad	Toss salad
Tomato and Mozz salad	Rice	Tomato Soup	Broccoli Salad	Cookie
Fresh Fruit / Fruit Cup	Fresh Fruit / Fruit Cup	Fresh Fruit / Fruit Cup	Fresh Fruit / Fruit Cup	Fresh Fruit / Fruit Cup
10	11	12	13	14
Mini Pancakes	Muffins	Breakfast pizza	Breakfast on a stick	Bagel & Cream Cheese
Chicken & Biscuit	Hamburger on a bun	Pasta Day	Nacho's	Pizza
Mashed Potato	French fries	Toss salad	Black Beans/Rice	Toss Salad
Peas	Carrots	Garlic Breadstick	Broccoli	Corn
Fresh Fruit / Fruit Cup	Fresh Fruit / Fruit Cup	Fresh Fruit / Fruit Cup	Fresh Fruit / Fruit Cup	Fresh Fruit / Fruit Cup
17	18	19	20	21
Mini Pancakes	Muffins	Yogurt Parfait	Breakfast on a stick	Bagel & Cream Cheese
Chicken Tomato Bake	Wrap Day	Roasted Turkey Dinner	Meatball Sub	French Bread Pizza
Dinner Roll	Spicy Chicken/ham & Cheese	Mashed Potato/Gravy	Mozz cheeseToss salad	Corn
Green beans	Veggie Sticks/ Baked Beans	Broccoli	Carrots	Cookie
Fresh Fruit / Fruit Cup	Fresh Fruit / Fruit Cup	Fresh Fruit / Fruited jello	Fresh Fruit / Fruit Cup	Fresh Fruit / Fruit Cup
24	25	26	27	28
Can anyone guess what this picture is?		*** ****	The 3rd- 7th is Spirit Week Enjoy the fun	5210 EVERY Day! HEALTHY HABITS FOR HEALTHY COMMUNITIES
31  Breakfast must include 3 Items.One must be a fruit or juice. Lunch must include 3 Items.One must be a fruit or Vegetable		Well Wishes From Cyndy,Ronna Wendy, Darlene & Joe	I hope everyone is looking forward to a New Year	Milk choices  1% white Skim 1% Chocolate Fat Free Strawberry