

January 2019

MILFORD CENTRAL SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
<p>Welcome Back We would like to welcome some new faces to the Cafeteria Joe Weaver & Crystal Couse</p>				
7	8	9	10	11
<p><i>Mini Pancakes</i></p> <p>Chicken Patty on a bun French fries Carrots Fresh Fruit/Fruit Cup</p>	<p><i>Muffins</i></p> <p>Taco Tuesday Rice, Black Beans Corn Fresh Fruit/Fruit Cup</p>	<p><i>Breakfast On A Stick</i></p> <p>Pasta Day  Garlic Bread Garden Salad Fresh Fruit/Fruit Cup</p>	<p><i>Breakfast pizza</i></p> <p>Wrap Day Buffalo Chicken, Veggie, Ham+Cheese Mac Salad & Veggie Sticks Fresh Fruit/Fruit Cup</p>	<p><i>Bagel & Cream Cheese</i></p> <p>Stromboli Garden Salad & Green Beans Carnival Cookie Fresh Fruit/Fruit cup</p>
14	15	16	17	18
<p><i>Mini Pancakes</i></p> <p>Sub Bar Pasta Salad Fresh Baby Carrots Fresh Fruit/Fruit Cup</p>	<p><i>Muffins</i></p> <p>Chicken Nuggets Baked Beans Green Beans Fresh Fruit/Fruit Cup</p>	<p><i>Yogurt Parfait</i></p> <p>Roasted Turkey Dinner Mashed Potato & Gravy Roasted Cauliflower&Dinner Roll Fresh Fruit/Fruit Cup</p>	<p><i>Breakfast On A Stick</i></p> <p>Meatball Subs Shredded Mozz Broccoli Fresh/Fruit Cup</p>	<p><i>Bagel & Cream Cheese</i> 1:00 Dismissal Pizza Day Pepperoni or Cheese Toss Salad & Corn Fresh Fruit or Fruit Cup</p>
21	22	23	24	25
<p>Martin Luther King, Jr. Day</p> 	<p><i>Muffins</i></p> <p>Grilled Cheese Tomato Soup Veggie Sticks W Dip Fresh Fruit/Fruit Cup</p>	<p><i>Breakfast Sandwich</i></p> <p>Sloppy Joe French Fries Green beans Fresh Fruit/Fruit Cup</p>	<p><i>Breakfast pizza</i></p> <p>Baked Chicken Rice Cooked Carrots Fresh Fruit/Fruit Cup</p>	<p><i>Yogurt Parfait</i></p> <p>French Bread Pizza Corn Carnival Cookie Fresh Fruit/Fruit Cup</p>
28	29	30	31	
<p><i>Mini Pancakes</i></p>  <p>HAMBURGER/CHEESEBURGER Smiley fries Carrots Fresh Fruit/Fruit Cup</p>	<p><i>Muffins</i></p> <p>CHICKEN & BISCUITS Mashed Potatoes Peas Fresh Fruit/Fruit Cup</p>	<p><i>Ham & Cheese on a Muffin</i></p> <p>Mac & Cheese Bread Sticks Broccoli Fresh Fruit/Fruit Cup</p>	<p><i>Breakfast On A Stick</i></p> <p>Ham & Cheese Melts Baked Beans Green Beans Fresh Fruit/Fruit Cup</p>	<p><i>Milk Options</i></p> <p>1% White Skim White 1% Chocolate Fat Free Strawberry</p>