

May 2019

# MILFORD CENTRAL SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast Must include a Fruit or Juice</b></p> <p><b>Lunch must include a Fruit or Vegetable</b></p> <p>Menu subject to change</p> 	 <p>HEALTHY HABITS FOR HEALTHY COMMUNITIES</p>	<p><b>1</b> <i>Bagel &amp; Cream Cheese</i></p> <p><b>Cheeseburger</b> <b>Smiley Fries</b> <b>Veggie Sticks</b> <b>Fresh Fruit/fruit cup</b></p>	<p><b>2</b> <i>Muffins</i></p> <p><b>Buffalo Chicken</b> <b>Ham &amp; Cheese wraps</b> <b>Pasta Salad/Peas</b> <b>Fresh Fruit/fruit cup</b></p>	<p><b>3</b> <b>Breakfast Sandwiches</b></p> <p><b>Pizza</b> <b>Cheese or Pepperoni</b> <b>Corn &amp; Cookie</b> <b>Fresh Fruit/fruit cup</b></p>
<p><b>6</b> <b>Mini Pancakes</b></p> <p><b>Chicken Patty on a Bun</b> <b>Baked Beans</b> <b>Carrots</b> <b>Fresh Fruit/Fruit Cup</b></p>	<p><b>7</b> <i>Muffins</i></p> <p><b>1:00 Dismissal</b></p> <p><b>Meatball Subs</b> <b>Shredded Mozz Cheese</b> <b>Broccoli</b> <b>Fresh Fruit/Fruit Cup</b></p>	<p><b>8</b> <i>Bagel &amp; Cream Cheese</i></p> <p><b>Brunch for Lunch</b> <b>Pancakes/Sausage/Eggs</b> <b>Juice &amp; Baby Carrots</b> <b>Fresh Fruit/Fruit Cup</b></p>	<p><b>9</b> <i>Breakfast On a Stick</i></p> <p><b>MCS Bowl</b> <b>Popcorn Chicken/ Corn</b> <b>Mashed Potato&amp; Gravy</b> <b>Fresh Fruit/FruitCup</b></p>	<p><b>10</b> <b>Breakfast Sandwiches</b></p> <p><b>French Bread Pizza</b> <b>Toss Salad</b> <b>Cookie</b> <b>Fresh Fruit/FruitCup</b></p>
<p><b>13</b> <i>Mini Pancakes</i></p> <p><b>Chicken on a Bun</b> <b>French Fries</b> <b>Broccoli</b> <b>Fresh fruit/Fruit cup</b></p>	<p><b>14</b> <i>Muffins</i></p> <p><b>Taco Tuesday</b> <b>Rice</b> <b>Corn</b> <b>Fruit Cup/Fresh Fruit</b></p>	<p><b>15</b> <i>Bagel &amp; Cream Cheese</i></p> <p><b>Cheesburgers</b> <b>Pasta Salad</b> <b>Baby Carrots</b> <b>Fresh Fruit/FruitCup</b></p>	<p><b>16</b> <i>Breakfast On a Stick</i></p> <p><b>Chicken Fajita's</b> <b>Black Beans</b> <b>Rice</b> <b>Fresh Fruit/FruitCup</b></p>	<p><b>17</b> <b>Breakfast Sandwiches</b></p> <p><b>Pizza</b> <b>Cheese or Pepperoni</b> <b>Roasted Cauliflower</b> <b>Fresh Fruit/Fruit Cup</b></p>
<p><b>20</b> <b>Mini Pancakes</b></p> <p><b>Chicken on a Bun</b> <b>Tasty Tots</b> <b>Carrots</b> <b>Fresh Fruit/FruitCup</b></p>	<p><b>21</b> <i>Muffins</i></p> <p><b>Hot Turkey Sandwich</b> <b>Mashed Potato/Gravy</b> <b>Peas</b> <b>Fresh Fruit/FruitCup</b></p>	<p><b>22</b> <i>Bagel &amp; Cream Cheese</i></p> <p><b>Popcorn Chicken</b> <b>Baked Beans</b> <b>Steamed Broccoli</b> <b>Fresh Fruit/FruitCup</b></p>	<p><b>23</b>  <b>24</b></p> <p><b>Snow day</b> <b>Snow day</b></p>	
 <p><b>27</b></p> <p><b>Memorial day</b></p>	<p><b>28</b> <b>Mini Pancakes</b></p> <p><b>Chicken on a Bun</b> <b>Pasta Salad</b> <b>Carrots</b> <b>Fresh Fruit/FruitCup</b></p>	<p><b>29</b> <i>Muffins</i></p> <p><b>Tuna Casserole</b> <b>Dinner roll</b> <b>Peas</b> <b>Fresh Fruit/FruitCup</b></p>	<p><b>30</b> <i>Breakfast On a Stick</i></p> <p><b>Chicken Nuggets</b> <b>Black Bean Salad</b> <b>Broccoli</b> <b>Fresh Fruit/FruitCup</b></p>	<p><b>31</b> <i>Breakfast Sandwiches</i></p> <p><b>French Bread Pizza</b> <b>Steamed Corn</b> <b>Cookie</b> <b>Fresh Fruit/Fruit Cup</b></p>